



West Texas A&M University Sports and Exercise Sciences Bachelor of Science in Athletic Training



The Athletic Training degree provides students the opportunity to earn a Bachelor of Science degree in Athletic Training. With this degree, a student will have the course content for eligibility to take the Texas Athletic Training Licensing examination. Students may also use content in preparation to apply for an entry-level graduate Athletic Training or other allied health program.

Degree includes the following courses:

Athletic Training Courses

- Athletic Training I
- Therapeutic Modalities and Rehabilitation
- AT Evaluation I –Lower Extremity
- AT Evaluation II - Upper Extremity
- Advanced Athletic Training

Athletic Training Courses

- Enrolled in 1 Clinical Per Semester after ATLP Admissions

Other Related Courses

- Human Anatomy and Physiology I
- Human Anatomy and Physiology II

Sports and Exercise Sciences Courses

- Personal Fitness Concepts
- Structural and Mechanical Kinesiology
- Measurement and Evaluation Techniques
- Drugs, Alcohol and Tobacco
- Motor Development
- Sport Nutrition
- Exercise Physiology
- Theory & Practice Strength Training & Conditioning
- Psychology of Injury
- Administrative Concepts in SES
- Sport and Exercise Testing
- Sport Biomechanics

The specific requirements, and suggested course sequence, available on the [Degree Check Sheet and Curriculum Guide](#).

Athletic Training Licensure Program (ATLP)

Students interested in eligibility for [Texas Athletic Training licensure must](#):

- Complete prescribed course work to include a minimum of 24 hours in: human anatomy, health/nutrition/emergency care, kinesiology or biomechanics, exercise physiology, basic athletic training, advanced athletic training, and therapeutic modalities or rehabilitation.
- A minimum of 1,800 apprenticeship hours, over no less than five academic semesters.
- Have a baccalaureate or post-baccalaureate degree.

Athletic Training Licensure Application Process

Students interested in completing apprenticeship hours must apply to participate in the Athletic Training Licensure Program (ATLP). The ATLP may consider admissions requests prior to the start of the fall and spring semesters. Admission criteria include:

- Admission to West Texas A&M University
- Application to the Athletic Training Licensure Program
 - Request application materials from the director of the ATLP by email at lstrong@wtamu.edu or by calling 806-651-2370.
 - Priority review for applications received by:
 - **July 15** – to initiate clinical experience in Fall semester
 - **November 15** – to initiate clinical experience in Spring semester

Post Admissions Requirements

The ATLP Admissions Committee will notify students of acceptance status within one month of the application deadline. Upon acceptance into the ATLP, students are to present:

- A completed medical history and physical completed by a physician;
- Evidence of a negative TB skin test that is valid through the academic year;
- Documentation of the series of three hepatitis-B vaccinations; students not previously having the vaccination must show evidence of the first and second of the three shot series before starting clinical experience with the third being completed during the academic semester;
- Signed Technical Standards Agreement.
- Students are to annually present documentation of:
 - BLS CPR/AED certification from the American Heart Association or CPR/AED for professional rescuer certification from or American Red Cross valid throughout the school year,
 - Negative-TB skin test results valid through the academic year.
 - Updated health history
- Students are required annually to participate in a mandatory in-service workshop prior to starting clinical experiences; students will receive communication on dates of the in-service activities.

Students admitted to the Athletic Training Licensure Program may be annually responsible for the purchase of required approved clothing items and student liability insurance. Details available from the program director or clinical coordinator. Athletic training students in off-campus clinical experiences may have the responsibility to provide their own transportation when not traveling with preceptor.

Apprenticeship Experience Process

The Clinical Coordinator will assign the ATLP student an apprenticeship placement with a program preceptor. Clinical hours expectation determined by course enrollment and/or previous documented athletic training clinical experience. All ATLP students will record experience hours on a log sheet and have the assigned preceptor approve the hours weekly.

Student Semester Evaluation

Each semester, the ATLP faculty will conduct evaluations of each ATLP student involved in apprenticeship experience. For each evaluation, the student will complete a self-evaluation and the assigned Preceptor will complete the Preceptor-evaluation. After completing the evaluations independently, the ATS and the Preceptor will meet to discuss and review the evaluation and to establish goals for the remainder of the assigned semester or for the future semester. The Clinical Coordinator will provide all students and Preceptors specific dates for evaluation completion. All completed and signed evaluations will be returned to the Clinical Coordinator who will review the information before turning in all signed forms to the Program Director for filing in the student's Program File.

Retention, Probation, and Suspension Policy

Retention Policy: Retention criteria for the ATLP is:

- Minimum cumulative GPA of 2.75 on a 4.0 scale.
 - An ATLP student may be placed in study hall, based on previous semester and/or cumulative GPA, for GPAs between 2.50 and 3.50.
 - Minimum GPA of 2.75 on a 4.0 scale required in major. Minimum grade of "B" in all athletic training didactic and clinical education course work and a minimum grade of "C" in all athletic training related course work
- All required ATLP course competencies and proficiencies must be evaluated and successful completion documented prior to the completion of the semester.
- Minimum Semester Clinical Experience Performance Evaluation score of 2.5 on a 4.0 scale.
- Provide annual updated documentation each August of (1) CPR/AED for the Professional Rescuer certification from the American Heart Association or American Red Cross valid throughout the school year, (2) negative TB skin test results valid through the academic year, and (3) participate in required in-service training.
- Adherence to codes of moral/ethical conduct as outlined in the [Code of Ethics](#) of the [National Athletic Trainers' Association](#).

Probation Policy: An ATLP student may be placed on Probation if they fail to meet any of the Retention Standards. The student will receive written notification from the Program Director or Clinical Coordinator indicating the Probationary Status. The student must meet with the Program Director or Clinical Coordinator where a written contract will be developed and signed with a timeline and specific requirements that must be made to remove the Probationary Status.

Suspension Policy: An ATLP student may be suspended from the ATLP if they fail to meet each of the assigned probationary requirements or violates university policy as found in the [WTAMU Student Handbook](#). The student will receive written notification from the Program Director or Clinical Coordinator indicating the Suspension Status. The student must meet with the Program Director or Clinical Coordinator where a written contract will be developed and signed with a timeline and specific requirements that must be made to remove the Suspended Status. A student on suspension from the program will not be allowed participate in apprenticeship experience while on suspension.

Matriculation to Graduate Athletic Training Programs

WTAMU does not have an accredited Master's of Athletic Training Program. In academic advising and course interactions, students will gain knowledge of matriculation needs and resources to assist with applying to [CAATE](#) accredited academic programs. Additional information is available on university's [Pre-Professional Specialization](#) website. Students interested in participating in observational/clinical hours for graduate athletic training program admission may contact the Clinical Coordinator for possible placement assistance; individuals must complete preparatory consultation and documentation prior to placement with a WT preceptor.

Additional Information:

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